

Skip the Trip!



<https://app.tolsecuremessaging.com>



<https://www.tricareonline.com>

To **Book an Appointment**

Call 662-434-CARE (2273) or book it online using TricareOnline.com

ENROLL TODAY

Medical Group Mission:

Enrich Health and Readiness

Medical Group Vision:

A Highly Reliable Organization,
Powered by Airmen, Fueled by
Innovation

Who is on your care team?

Your Primary Care Provider leads your care team, which may include specialized doctors, nurses, medical assistants, clinical pharmacists, behavioral health specialists and care managers who can help coordinate your care.

Patient

You are the most important person on the team



Primary Care Provider

Oversees your team and knows you the best

Clinical Nurse

Facilitates all aspects of your care including help with procedures, triage, and education

Behavioral Health

Works with you and your team to improve your mental health

Medical Technician

Works hand-in-hand with your provider to get you ready for your visits

Case Manager

Assists complex cases in identifying health goals and coordinates their care

Specialist

Provides expanded condition specific expertise

Clinical Pharmacist

Ensures your medications are safe, accurate and you know how to take them

COLUMBUS AFB CLINIC

Your Medical Home!

Hours of Operation

Monday—Friday
0730—1700

CLOSED:

The 3rd Thursday of every month; all
Federal Holidays



14th Medical Group

Columbus Air Force Base

Phone: 662-434-CARE(2273)

Fax: 662-434-7906

<https://www.tricareonline.com>

What is a Medical Home?

The **Medical Home** or **Patient Centered Medical Home (PCMH)** is an active approach to establish a “medical home” for everyone—this means improved Continuity of Care! Your health care needs are coordinated by your individual medical provider who is leading a team of medical professionals providing continuous, comprehensive, and personalized prevention-based healthcare.

A **Patient Centered Medical Home (PCMH)** includes these core functions and attributes:

Patient Centered Care. A relationship-based care that focuses on the whole person and understanding and respecting your needs, culture, values and preferences.

Comprehensive Care. A team of providers work to meet your physical and mental health care needs, including prevention and wellness, acute and chronic care.

Coordinated Care. Your care is coordinated across the broader health care system including hospitals, home care, community services and support. Coordinated care also includes your right to obtain care from other clinicians within the medical home, obtain second opinions and obtain referrals to specialty care.

Access to Care. You have access to services with shorter waiting times for urgent needs, enhance in-person hours, around the clock telephone (Nurse Advise Line) or electronic (Tricare Secure Messaging) access to members of your care team.

Systems-Based Approach to Quality and Safety. The **PCMH** team uses evidence-based medicine and clinical decision support tools, engages in performance measurement and improvement measures, responds to your experiences and satisfaction, and publicly shares robust quality and safety data and improvement activities.

Your care team will:

- **Get to know you:** Your care team will learn about you, your family, your life situation, and preferences. Team members will update your records every time you seek care and suggest treatments that make sense.
- **Put you in charge:** When it comes to healthy living you are the most important member of your team. Your healthy choices cannot stop when you leave our clinic. You make health choices every day. Our job is to put you in control of your choices.
- **Communicate with you:** Your care team will explain your health situation clearly and make sure you know all your options for care. Ultimately, they will partner with you to help you make the best decisions for your care.
- **Set Goals:** Your care team will help you set goals for your care and help you access resources to help you meet these goals.
- **Support you with resources:** Your care team will give you information about classes, support groups, or other services that can help you learn more about your condition and stay healthy.
- **Refer you when necessary:** Your primary care provider will refer you to trusted specialists when necessary and help coordinate the care they provide.

Walk-In Clinic Services

~No Appointment Needed~

0800—1100 and 1300—1500

- *Pregnancy Tests
- *Throat Cultures (must meet criteria)
- *Urinary Tract Infection (females only)
- *B-12, Testosterone, Depo-Provera Injections
—must have prescription
- *Follow-Up Wart Treatment
- *Suture / Staple Removal
- *Blood Pressure Checks
—must be ordered by 14 MDG provider



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Who will make medical decisions for you if you are not able?

Do you have an Advanced Directive or Living Will?

These documents allow you to spell out your decisions and wishes to your family, friends and your health care team.

Contact the Legal Office for assistance 662-434-7030

For After Hours Care

Please call 1-800-874-2273 to speak to the Nurse Advice Line. They can triage your symptoms, offer homecare advice and authorize an Urgent Care Referral.

EMERGENCIES (loss of life, limb or eyesight)
Go directly to the closest Emergency Room

Supervisors of Active Duty are reminded they can grant 24 hour quarters to their personnel without a medical appointment



**Active Duty Members,
if you require:**

- An initial flight physical for retraining**
- An Occupational Health Exam**
- An annual non-fly or fly PHA**
- An overseas or other clearance**
- A separation or retirement physical**

Please contact the our Appointment Line to schedule.